



## Contact

City of Ingolstadt  
Youth and family office  
Coordination office for early childhood (KoKi)

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We are happy to take time for you. Therefore, we ask to make an appointment in advance.



Bundesstiftung  
Frühe Hilfen



Gefördert vom:



Bundesministerium  
für Bildung, Familie, Senioren,  
Frauen und Jugend

## A good start into a child's life



Coordination office  
for early childhood (KoKi)



## What is KoKi?

The coordination office for early childhood (KoKi – Koordinationsstelle frühe Kindheit) provides services for pregnant women and parents with children between the ages of 0 to 3 years.

Its main purpose is to support and guide families who have infants or small children and are in challenging life situations.



## When does KoKi support you?

KoKi has qualified workers who you can contact in the following situations:

- Questions concerning pregnancy and giving birth
- Insecurities about the care and treatment of the child
- Stress and exhaustion in everyday situations
- Missing support from (ex)partner, grandparents, friends, etc.
- Relationship issues
- Illness or psychological overload
- Financial worries etc.

## How does KoKi support you? We provide:

- Consultation for (expecting) parents and relatives on our premises or upon request at your home or elsewhere
- Information about local care and support initiatives
- Support in making contact with agencies, institutions and specialists
- The organization of early help, e.g. Partners in family-health matters (Gesundheitsorientierte Familienbegleitung – GFB), Wellcome, domestic help, household training

**All offers are trustworthy and for free.  
All information is treated with care and confidentiality!**

## A strong network

We work very closely together with our network-partners in offices, institutions and professions who work with and for families, e. g.:

- health care
- representatives of youth welfare
- counselling centres
- representatives of Early Help
- day care
- volunteer networks
- non-profit organizations
- therapeutical institutions
- supporters of social security

